

	1st WEEK (06-10 Jan.)	2nd WEEK (13-17 Jan.)	3rd WEEK (20-24 Jan.)	4th WEEK (27-31 Jan.)	5th WEEK (03-07 Feb.)
Monday	SCHOOL CLOSED	Veggy baked pasta	Parmesan risotto	Pasta with tomato & ricotta cheese	Fregola with tomato sauce & basil
		Zucchini cream soup	Pasta with garlic, oil & chili pepper	Pasta with eggplants	Cauliflowers & turmeric cream soup
		Robiola cheese	Montasio cheese	Asiago cheese	Mozzarella cheese
		Mixed salad	Green salad	Green salad	Green salad
		Salad & tomatoes	Mixed salad	Mixed salad	Tomatoes
		Sauteed peas	Bruxelles sprouts	Steamed cauliflowers	Steamed chard
Tuesday	Pasta with tomato sauce	<i>Regional menu from Venezia Giulia</i>	<i>Regional menu from the Balkans</i>	Pasta with tomato sauce & bacon	Pasta with pesto sauce
	Vegetables cream soup	<i>Gnocchi in meat sauce</i>	<i>Pasta Bosforo's style</i>	Barley with vegetables	Lentils soup
	Roast pork meatballs	<i>Jota Trieste's style</i>	<i>Ciorba</i>	Beef hamburger	Pork loin
	Green salad	<i>Cooked ham in bread crust</i>	<i>Borek with meat (or with spinach)</i>	Green salad	Green salad
	Mixed salad	<i>Green salad / Cabbage</i>	<i>Green salad / Mixed salad</i>	Salad & carrots	Mixed beans
Mixed roast vegetables	<i>Sauteed potatoes</i>	<i>Carrots Turkish style</i>	Vegetables au gratin	Steamed spinach	
Wednesday	<i>Regional menu from Genoa</i>	Pasta with tomato sauce, veggy milk cream & oregano	Carbonara pasta (with eggs & bacon)	<i>Special menu from the USA</i>	<i>Regional menu from Campania</i>
	<i>Pasta with Genoa's pesto sauce</i>	Cous cous with mixed vegetables	Mushroom & potato cream soup	<i>Maccheroni cheese</i>	<i>Pasta Sorrento's style</i>
	<i>Chickpea soup</i>	Roast chicken	Chicken nuggets with paprika	<i>Sweet potatoes soup</i>	<i>Escarole soup</i>
	<i>Vegetable tart Liguria's style</i>	Green salad	Green salad	<i>Chicken pie</i>	<i>Potatoes gateau</i>
	<i>Green salad / Salad Genoa's style</i>	Beans & salad	Mixed salad	<i>Green salad / Mixed salad</i>	<i>Roast carrots</i>
<i>Grated carrots</i>	Mixed vegetables au gratin	Steamed chard	<i>Mashed potatoes</i>	<i>Sauteed eggplants</i>	
Thursday	Saffron risotto	Ravioli in melted butter & sage sauce	Pasta with tomato sauce & basil	Rice with sausage sauce	Pasta San Daniele's style
	Chickpea & leek cream soup	Spelt with vegetables	Pasta with gorgonzola cheese & nuts	Onion & zucchini soup	Vegetables soup
	Pork sausages with potatoes	Turkey ham	Baked omelette with cheese	Breasola (cured meat)	Ricotta cheese & spinach tart
	Green salad	Green salad	Green salad	Green salad	Green salad
	Tomatoes & beans	Mixed salad	Tomatoes & corn	Mixed salad	Grated carrots
	Steamed cauliflowers	Steamed carrots	Mixed roast vegetables	Sauteed cabbage	Mixed vegetables au gratin
Friday	Pumpkin & potato cream soup	Pasta with tuna sauce	Carrot & potato cream soup	Pasta with salmon	Seasonal vegetables cream soup
	Pizza with tomato sauce & mozzarella cheese	Vegetables soup	Pizza with tomato sauce & mozzarella cheese	Legume soup	Pizza with tomato sauce & mozzarella cheese
	Green salad	Fish fingers	Green salad	Fish fingers	Green salad
	Mixed salad	Green salad / Mixed salad	Mixed salad	Green salad / Salad & carrots	Mixed salad
	Steamed spinach	Steamed broccoli	Stemaed fennels	Steamed green beans	Bruxelles sprouts
	<i>Homemade dessert</i>	<i>Homemade dessert</i>	<i>Homemade dessert</i>	<i>Homemade dessert</i>	<i>Homemade dessert</i>

Every day it is possible to substitute the first course with pasta/rice plain or with tomato sauce

Every day it is possible to substitute the second course with a cold dish

Edited by the dietician of:

Pedevilla S.p.A.

