

MENU MIDDLE&HIGH SCHOOL – S.Y. 2024/2025 valid from 10/02 to 14/03/25

	1st WEEK (10-14 Feb.)	2nd WEEK (17-21 Feb.)	3rd WEEK (24-28 Feb.)	4th WEEK (03-07 Mar.)	5th WEEK (10-14 Mar.)
	•	•	•	•	•
	Pasta with tomato sauce	SCHOOL CLOSED	Pasta with tomato, veggy milk cream & oregano	Pasta with tomato sauce & basil	Veggy baked pasta
_	Zucchini cream soup		Barley with vegetables	Broccoli cream soup	Soup spring style
Monday	Stracchino cheese		Montasio cheese	Asiago cheese	Mozzarella cheese
5	Green salad		Green salad	Green salad	Green salad
2	Grated carrots		Mixed salad	Mixed salad	Mixed salad
	Steamed fennels		Steamed broccoli	Steamed cauliflowers	Steamed chard
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	Saffron risotto	SCHOOL CLOSED	Pasta with pesto sauce	Regional menu from Poland	Regional menu from Tuscany
_	Cous cous with vegetables		Legume soup	Kluskie slaskie (homemade gnocchi with gorgonzola cheese & nuts)	Pasta with Norcino's meat sauce
Tuesday	Sausages and potatoes		Pork stew with paprika	Borscht Polish style (red turnips soup)	Ribollita (soup Tuscany's style)
ĕ	Green salad		Green salad	Golabki (meat & cabbage tart)	White flatbread pizza with provola cheese & salami (or with herbs)
=	Cabbage and salad		Mixed salad	Green salad / Mixed salad	Mixed salad / Sauteed beans Tuscany's style
	Mixed roast vegetables		Mixed vegetables au gratin	Surowka (cabbage, onions, carrots)	Peppers Maremma's style
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	Ravioli in melted butter & sage sauce	SCHOOL CLOSED	Regional menu from the USA	Pasta with tomato sauce & chili pepper	Pasta with tomato sauce & ricotta cheese
<u>ā</u>	Chickpea soup		Maccheroni cheese	Cous cous with mixed vegetables	Leek & zucchini cream soup
Wednesday	Baked omelette with cheese		Sweet potatoes soup	Chicken in curry sauce with rice	Roast chicken thighs
ŧ	Green salad		Chicken pie	Green salad	Mixed salad
≗	Mixed salad		Green salad / Mixed salad	Salad & carrots	Green salad
	Steamed chard		Mashed potatoes	Mixed steamed vegetables	Roast eggplants
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	Regional menu from Bologna	SCHOOL CLOSED	Parmesan risotto	Rice with sausage sauce	Pasta with tomato sauce & bacon
_	Homemade gnocchi with meat sauce		Pasta with oil, garlic and chili pepper	Onion & zucchini soup	Spelt with mixed vegetables
Thursday	Vegetables soup Bologna's style		Ricotta cheese & spinach tart	Turkey ham	Bresaola (cured meat)
🖺	Cutlets Bologna's style		Green salad	Green salad	Green salad
⊨	Green salad / Mixed salad		Tomatoes & beans	Mixed salad	Grated carrots
	Cooked tomatoes & onions Bologna's style		Mixed roast vegetables	Sauteed cabbage	Mixed vegetables au gratin
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	Pasta with tuna sauce	SCHOOL CLOSED	Pumpkin & potato cream soup	Pasta with salmon	Carrot cream soup
	Vegetables soup		Pizza with tomato sauce & mozzarella cheese	Barley & vegetables soup	Pizza with tomato sauce & mozzarella cheese
<u>a</u>	Fish fingers		Green salad	Fish fingers	Green salad
Friday	Green salad / Mixed salad		Mixed salad	Green salad / Salad & carrots	Mixed salad
-	Steamed spinach		Steamed green beans	Mixed vegetables au gratin	Bruxelles sprouts
	Homemade dessert		Homemade dessert	Homemade dessert	Homemade dessert

Every day it is possible to substitute the first course with pasta/rice plain or with tomato sauce Every day it is possible to substitute the second course with a cold dish

Edited by the dietician of:

Pedevilla S.p.A.

