

	1st WEEK (10-14 Feb.)	2nd WEEK (17-21 Feb.)	3rd WEEK (24-28 Feb.)	4th WEEK (03-07 Mar.)	5th WEEK (10-14 Mar.)
Monday	Vegetable and barley cream soup	SCHOOL CLOSED	Vegetable cream soup with rice	Starter of steamed vegetables	Starter of vegetables au gratin
	Turkey escalope with potatoes/polenta		Montasio cheese	Pasta with pesto sauce	Rice with peas (or plain rice with sauteed peas)
	Fresh vegetables		Sauteed vegetables	Roast chicken	
	Bread and fresh fruit		Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit
Tuesday	Starter of sauteed vegetables	SCHOOL CLOSED	Starter of fresh vegetables	Bean and barley soup	Semolina in vegetable broth
	Potato dumplings in butter and sage sauce		Lasagna with beef meatsauce and bechamel	Egg omelette	Chicken nuggets in milk sauce
	Stracchino cheese			Vegetables au gratin	Fresh vegetables
	Bread and fresh fruit		Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit
Wednesday	Starter of fresh vegetables	SCHOOL CLOSED	Starter of mixed cooked vegetables	Starter of fresh vegetables	Starter of mixed steamed vegetables
	Pasta with vegetables		Semolina dumplings au gratin	Pizza with tomato and mozzarella cheese	Pasta with tomato sauce
	Stewed veal meatballs		Roast legume meatballs/stewed meatballs		Ricotta cheese meatballs
	Bread and fresh fruit		Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit
Thursday	Starter of vegetables au gratin	SCHOOL CLOSED	Vegetable soup with spelt	Starter of cooked vegetables	Vegetable cream soup with pasta
	Lentil and cereal cream soup		Turkey stew	Rice with vegetables	Minced beef or stewed meatballs
	Egg omelette with spinach		Potatoes/polenta and fresh vegetables	Roast pork loin	Potatoes/polenta and fresh vegetables
	Bread and fresh fruit		Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit
Friday	Mixed cooked vegetables	SCHOOL CLOSED	Starter of vegetables au gratin	Vegetable cream soup with pasta	Starter of mixed fresh vegetables
	Rice with fish sauce (squid, cuttlefish, cod, etc...)		Cous Cous with vegetables	Roast cod	Pasta with vegetables
			Hake au gratin	Potatoes and fresh vegetables	Roast fish meatballs
	Bread and fresh fruit		Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit

Every day the detailed menu (including type of seasonal vegetables and fruit) will be displayed for reference.

This menu is compliant with the provisions received by

ASUGI - SC Igiene Alimenti e Nutrizione