

	1st WEEK (17-21 Mar.)	2nd WEEK (24-28 Mar.)	3rd WEEK (31 Mar. - 04 Apr.)	4th WEEK (07-11 Apr.)	5th WEEK (14-18 Apr.)
<b>Monday</b>	Pasta with tomato sauce & basil	Pasta with tomato sauce, veggy milk cream & oregano	Veggy baked pasta	Saffron risotto	Pasta with tomato sauce & basil
	Cous cous with vegetables	Barley with vegetables	Carrots cream soup	Cous cous with vegetables	Cold pasta with vegetables
	Stracchino cheese	Robiola cheese	Primo sale cheese	Asiago cheese	Mozzarella cheese
	Green salad	Mixed salad	Green salad	Green salad	Green salad
	Mixed salad	Salad & tomatoes	Steamed chard	Mixed salad	Grated carrots
	Steamed chard	Mixed vegetables au gratin	Bruxelles sprouts	Mixed steamed vegetables	Steamed fennels
<b>Tuesday</b>	Ravioli in melted butter & sage sauce	<b>Regional menu from Hungary</b>	<b>Regional menu from Apulia</b>	Pasta with Pachino tomatoes	Pasta with meat sauce
	Zucchini cream soup	<i>Homemade gnocchi with goulasch</i>	<i>Pasta with broccoli</i>	Barley Mediterranean style	Pasta with taleggio cheese & zucchini
	Grandma's meatloaf	<i>Almaleves (apples soup)</i>	<i>Vegetables soup Apulian style</i>	Roast cutlets	Spinach & ricotta cheese tart
	Green salad	<i>Green salad</i>	<i>Sausage with tomatoes Apulian style</i>	Green salad	Green salad
	Mixed salad	<i>Mixed salad</i>	<i>Green salad / Mixed salad</i>	Salad & carrots	Tomatoes
	Fennels au gratin	<i>Gomba paprikas</i>	<i>Zucchini Apulian style</i>	Fennels & oranges	Mixed roast vegetables
<b>Wednesday</b>	<b>Regional menu from Portugal</b>	Parmesan risotto	Pasta with tomato sauce & basil	<b>Regional menu from Abruzzo</b>	Pasta with tomato sauce, veggy milk cream & oregano
	<i>Arroz salsicha y tomate</i>	Pasta with eggplants	Leek & potato soup	<i>Pasta with meatballs</i>	Vegetables soup
	<i>Green soup</i>	Roast pork loin	Roast chicken	<i>Vegetables soup Abruzzo's style</i>	Chicken thighs with paprika
	<i>Frango piri piri (spicy chicken)</i>	Green salad	Green salad	<i>Flat bread pizza Abruzzo's style</i>	Green salad
	<i>Green salad / Tomatoes</i>	Mixed salad	Mixed salad	<i>Green salad / Salad &amp; carrots</i>	Mixed beans
	<i>Green beans Portuguese style</i>	Green beans au gratin	Steamed chard	<i>Ciabotto (mixed sauteed vegetables)</i>	Steamed spinach
<b>Thursday</b>	Pasta with tomato sauce & chili pepper	Pasta with pesto sauce	Pasta with meat sauce	Carbonara pasta (with eggs & bacon)	<b>Green Menu "Zero-Kilometer food"</b>
	Vegetables cream soup	Cereals & vegetables soup	Pasta with garlic & oil	Seasonal vegetables soup	<i>Gnocchetti with basil &amp; broccoli pesto sauce</i>
	Bresaola (cured meat)	Baked omelette with cheese	Turkey ham	Baked omelette with zucchini	<i>Ricotta &amp; fresh cheese meatballs</i>
	Green salad	Green salad	Green salad	Green salad	<i>Green salad</i>
	Tomatoes	Mixed salad	Cucumbers	Mixed salad	<i>Peas</i>
	Steamed green beans	Steamed chard	Steamed carrots	Mixed vegetables au gratin	<i>Steamed green beans</i>
<b>Friday</b>	Pasta with tuna sauce	Zucchini cream soup	Pasta with salmon	Carrot & potato cream soup	Pasta with tuna sauce
	Spelt with tomatoes & feta cheese	Pizza with tomato sauce & mozzarella cheese	Seasonal vegetables soup	Pizza with tomato sauce & mozzarella cheese	Barley with vegetables
	Fish fingers	Green salad	Fish fingers	Green salad	Fish fingers
	Green salad / Mixed salad	Mixed salad	Green salad / Mixed salad	Mixed salad	Green salad / Mixed salad
	Steamed broccoli	Steamed baby carrots	Steamed green beans	Steamed cauliflower	Steamed chard
	<b>Homemade dessert</b>	<b>Homemade dessert</b>	<b>Homemade dessert</b>	<b>Homemade dessert</b>	<b>Homemade dessert</b>

Every day it is possible to substitute the first course with pasta/rice plain or with tomato sauce

Every day it is possible to substitute the second course with a cold dish

Edited by the dietician of:

**Pedevilla S.p.A.**

