

	1st WEEK (17-21 Mar.)	2nd WEEK (24-28 Mar.)	3rd WEEK (31 Mar. - 04 Apr.)	4th WEEK (07-11 Apr.)	5th WEEK (14-18 Apr.)
Monday	Vegetable and barley cream soup	Vegetable cream soup with rice	Starter of steamed vegetables	Starter of vegetables au gratin	Vegetable and barley cream soup
	Turkey escalope with potatoes/polenta	Montasio cheese	Pasta with pesto sauce	Rice with peas (or plain rice with sauteed peas)	Turkey escalope with potatoes/polenta
	Fresh vegetables	Sauteed vegetables	Roast chicken		Fresh vegetables
	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit
Tuesday	Starter of sauteed vegetables	Starter of fresh vegetables	Bean and barley soup	Semolina in vegetable broth	Starter of sauteed vegetables
	Potato dumplings in butter and sage sauce	Lasagna with beef meatsauce and bechamel	Egg omelette	Chicken nuggets in milk sauce	Potato dumplings in butter and sage sauce
	Stracchino cheese		Vegetables au gratin	Fresh vegetables	Stracchino cheese
	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit
Wednesday	Starter of fresh vegetables	Starter of mixed cooked vegetables	Starter of fresh vegetables	Starter of mixed steamed vegetables	Starter of fresh vegetables
	Pasta with vegetables	Semolina dumplings au gratin	Pizza with tomato and mozzarella cheese	Pasta with tomato sauce	Pasta with vegetables
	Stewed veal meatballs	Roast legume meatballs/stewed meatballs		Ricotta cheese meatballs	Stewed veal meatballs
	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit
Thursday	Starter of vegetables au gratin	Vegetable soup with spelt	Starter of cooked vegetables	Vegetable cream soup with pasta	Starter of vegetables au gratin
	Lentil and cereal cream soup	Turkey stew	Rice with vegetables	Minced beef or stewed meatballs	Lentil and cereal cream soup
	Egg omelette with spinach	Potatoes/polenta and fresh vegetables	Roast pork loin	Potatoes/polenta and fresh vegetables	Egg omelette with spinach
	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit
Friday	Mixed cooked vegetables	Starter of vegetables au gratin	Vegetable cream soup with pasta	Starter of mixed fresh vegetables	Mixed cooked vegetables
	Rice with fish sauce (squid, cuttlefish, cod, etc...)	Cous Cous with vegetables	Roast cod	Pasta with vegetables	Rice with fish sauce (squid, cuttlefish, cod, etc...)
		Hake au gratin	Potatoes and fresh vegetables	Roast fish meatballs	
	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit

Every day the detailed menu (including type of seasonal vegetables and fruit) will be displayed for reference.

This menu is compliant with the provisions received by

ASUGI - SC Igiene Alimenti e Nutrizione