

MENU MIDDLE & HIGH SCHOOL – S.Y. 2023/24 valid from 27/05 to 12/06/24

	1st WEEK (27-31 May)	2nd WEEK (03-06 June)	3rd WEEK (10-12 June)
Monday	Pasta with tomato sauce & oregano	Pasta with pesto sauce	Pasta with spicy tomato sauce
	Zucchini cream soup	Barley with speck & apples	Cous cous with vegetables
	Mozzarella cheese	Stracchino cheese	Soft cheese
	Green salad	Mixed salad	Mixed salad
	Tomatoes & cucumbers	Tomatoes	Tomatoes & cucumbers
	Brussels sprouts	Mixed vegetables au gratin	Roast eggplants
	Tuesday	Carbonara pasta (with egg & bacon)	Pasta with ham sauce
Vegetable soup		Pasta with taleggio cheese & zucchini	Pasta & peas
Pork stew with potatoes		Spinach & ricotta cheese tart	Turkey nuggets with vegetables
Green salad		Green salad	Green salad
Grated carrots		Tomatoes	Steamed fennels
Zucchini		Mixed roast vegetables	Grated carrots
Wednesday		Cold pasta Mediterranean style	Pasta with tomato sauce & basil
	Vegetable soup	Spelt with vegetables	Pasta with eggplants
	Roast chicken thighs	Beef rags with potatoes	Roast pork loin
	Green salad	Green salad	Green salad
	Roast potatoes	Salad & carrots	Mixed salad
	Steamed chard	Steamed chard	Green beans au gratin
	Thursday	Ravioli in butter & sage sauce	Saffron risotto
Onion & zucchini cream soup		Broccoli & potato cream soup	
Praga cooked ham		Baked omelette with cheese	
Green salad		Green salad	
Beans & onions		Mixed salad	
Grated carrots		Steamed chard	
Friday		Pasta with salmon sauce	Zucchini cream soup
	Seasonal vegetable soup	Pizza with tomato sauce & mozzarella cheese	
	Fish fingers	Green salad	
	Green salad / Mixed salad	Mixed salad	
	Green beans au gratin	Steamed baby carrots	
	<i>Chocolate salami</i>	<i>Cocoa sponge cake</i>	

Every day it is possible to substitute the first course with pasta/rice plain or with tomato sauce

Every day it is possible to substitute the second course with a cold dish

Edited by the dietician of:

Pedevilla S.p.A.

