

	1st WEEK (04-06 Sept.)	2nd WEEK (09-13 Sept.)	3rd WEEK (16-20 Sept.)	4th WEEK (23-27 Sept.)	5th WEEK (30 Sept. - 04 Oct.)
Monday	SCHOOL CLOSED	Starter of steamed vegetables	Starter of vegetables au gratin	Vegetable and barley cream soup	Vegetable cream soup with rice
		Pasta with pesto sauce	Rice with peas (or plain rice with sauteed peas)	Turkey escalope with potatoes/polenta	Montasio cheese
		Roast chicken		Fresh vegetables	Sauteed vegetables
		Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit
Tuesday	SCHOOL CLOSED	Bean and barley soup	Semolina in vegetable broth	Starter of sauteed vegetables	Starter of fresh vegetables
		Egg omelette	Chicken nuggets in milk sauce	Potato dumplings in butter and sage sauce	Lasagna with beef meatsauce and bechamel
		Vegetables au gratin	Fresh vegetables	Stracchino cheese	
		Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit
Wednesday	Starter of mixed cooked vegetables	Starter of fresh vegetables	Starter of mixed steamed vegetables	Starter of fresh vegetables	Starter of mixed cooked vegetables
	Semolina dumplings au gratin	Pizza with tomato and mozzarella cheese	Pasta with tomato sauce	Pasta with vegetables	Semolina dumplings au gratin
	Roast legume meatballs/stewed meatballs		Ricotta cheese meatballs	Stewed veal meatballs	Roast legume meatballs/stewed legumes
	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit
Thursday	Vegetable soup with spelt	Starter of cooked vegetables	Vegetable cream soup with pasta	Starter of vegetables au gratin	Vegetable soup with spelt
	Turkey stew	Rice with vegetables	Minced beef or stewed meatballs	Lentil and cereal cream soup	Turkey stew
	Potatoes/polenta and fresh vegetables	Roast pork loin	Potatoes/polenta and fresh vegetables	Egg omelette with spinach	Potatoes/polenta and fresh vegetables
	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit
Friday	Starter of vegetables au gratin	Vegetable cream soup with pasta	Starter of mixed fresh vegetables	Mixed cooked vegetables	Starter of vegetables au gratin
	Cous Cous with vegetables	Roast cod	Pasta with vegetables	Rice with fish sauce (squid, cuttlefish, cod, etc...)	Cous Cous with vegetables
	Hake au gratin	Potatoes and fresh vegetables	Roast fish meatballs		Hake au gratin
	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit	Bread and fresh fruit

Each day the detailed menu will be displayed (type of fruit and vegetables of the season), including specified allergens for each meal.

Information about the presence of products containing allergens can be asked to the staff and the kitchen supervisor is available to give any support or documentation.

Edited by the dietician of

Pedevilla S.p.A.

