

	1st WEEK (04-06 Sept.)	2nd WEEK (09-13 Sept.)	3rd WEEK (16-20 Sept.)	4th WEEK (23-27 Sept.)	5th WEEK (30 Sept. - 04 Oct.)
Monday	SCHOOL CLOSED	Pasta with tomato sauce, veggy milk cream & oregano	Saffron risotto	Pasta with tomato sauce & ricotta cheese	Rice with tomato sauce
		Cold pasta with olives, tomato & mozzarella cheese	Seasonal vegetable cream soup	Pasta with broccoli	Vegetables cream soup
		Primo sale cheese	Asiago cheese	Mozzarella cheese	Stracchino cheese
		Green salad	Green salad	Green salad	Green salad
		Tomatoes	Green beans	Mixed salad	Salad & tomatoes
		Mixed sautéed vegetables	Grated carrots	Roast carrots	Roast vegetables
Tuesday	SCHOOL CLOSED	Pasta with pesto sauce	Pasta with tomato sauce and bacon	Pasta with pesto sauce	Carbonara pasta (with eggs & bacon)
		Barley Greek style	Pasta with garlic, olive oil & chili pepper	Pasta with gorgonzola cheese & walnuts	Cauliflowers & turmeric cream soup
		Curry pork stew	Roast sausages	Beef stew	Roast chicken thighs
		Green salad	Green salad	Green salad	Green salad
		Salad & tomatoes	Tomatoes	Tomatoes & cucumbers	Salad & radishes
		Zucchini & eggplants au gratin	Mixed sautéed vegetables	Spinach	Roast potatoes
Wednesday	Pasta with tomato sauce & basil	Regional menu from Sicily	Pasta with tomato sauce & basil	Oriental menu	Regional menu from Emilia Romagna
	Spelt with vegetables	<i>Pasta with Pachino tomato sauce</i>	Pasta with eggplants	<i>Rice Oriental style</i>	<i>Tortellini with meat sauce</i>
	Chicken thighs with paprika	<i>Cous cous with oranges & Sicilian scents</i>	Ricotta cheese & spinach tart	<i>Cous cous</i>	<i>Creamy beetroot soup</i>
	Green salad	<i>Roast cutlets au gratin</i>	Green salad	<i>Chicken tandori masala</i>	<i>Meatballs in tomato sauce</i>
	Tomatoes & cucumbers	<i>Ciuka ciuka Pantelleria style / Fennels & oranges</i>	Mixed salad	<i>Green salad / Mixed salad</i>	<i>Green salad / Mixed salad</i>
	Roast potatoes	<i>Green salad / Salad & carrots</i>	Fennels, olives & tomatoes	<i>Sauteed vegetables Oriental style</i>	<i>Sauteed eggplants</i>
Thursday	Pasta with meat sauce	Rice with sausage	Greek menu	Ravioli in butter & sage sauce	Gnocchi in melted butter & sage sauce
	Cous cous Mediterranean style	Zucchini & leek cream soup	<i>Pasta Greek style (with olives & feta cheese)</i>	Leek cream soup with toasted bread	Vegetable soup
	Caprese (tomato & mozzarella cheese)	Cooked ham	<i>Chickpea soup Greek style</i>	Baked omelette with cheese	Bresaola (cured meat)
	Green salad	Green salad	<i>Chicken with tzaiziki sauce</i>	Green salad	Green salad
	Grated carrots	Radishes	<i>Green salad / Rocket & tomatoes</i>	Mixed salad	Beans & tomatoes
	Steamed vegetables	Vegetables au gratin	<i>Greek salad</i>	Fennels au gratin	Steamed chard
Friday	Carrot cream soup	Pasta with tuna sauce	Pea cream soup	Pasta with salmon sauce	Pumpkin cream soup
	Pizza with tomato sauce & mozzarella	Cold rice salad	Pizza with tomato sauce & mozzarella	Barley with vegetables	Pizza with tomato sauce & mozzarella
	Green salad	Fish fingers	Green salad	Fish fingers	Green salad
	Mixed salad	Green salad / Tomatoes & cucumbers	Grated carrots	Tomatoes & carrots	Salad & carrots
	Roast zucchini	Boiled potatoes with parsley	Steamed chard	Roast vegetables / Green beans & potatoes	Spinach
	Homemade dessert	Homemade dessert	Homemade dessert	Homemade dessert	Homemade dessert

Every day it is possible to substitute the first course with pasta/rice plain or with tomato sauce

Every day it is possible to substitute the second course with a cold dish

Edited by the dietician of:

Pedevilla S.p.A.

